

LAKE SHORE CENTRAL SCHOOLS
OFFICE OF ATHLETIC DIRECTOR

ELIGIBILITY & TRAINING REGULATIONS FOR INTERSCHOLASTIC ATHLETICS

(Revised May 2009)

The established regulations are set to provide guidelines and direction for all involved in Lake Shore Central athletics.

Participation in interscholastic athletics is a privilege, which carries with it a responsibility to oneself, the team, the school, and the parents. It is expected that the athlete will act in a proper manner at all times as a representative of the school.

The following regulations apply to all members of an interscholastic program. These standards must be maintained to be eligible for participation.

1. An athlete must be taking at least 3 regular courses and meet the physical education requirement. (As per NYSPHAA requirements.)
2. Maintain satisfactory class work and citizenship. (SEE ATTACHED ACADEMIC ELIGIBILITY POLICY!)
3. Maintain daily school attendance. Any student absent for the day or reporting to school after 10:30 a.m. is ineligible for that day and SHALL NOT practice or participate in a contest. If extenuating circumstances exist, approval to participate must be granted by the Building Principal or the Director of Athletics. This rule also applies to cases of "In-School" suspension.
4. Demonstrate good sportsmanship and fair play towards everyone.
5. Attend all scheduled practices and contests. If a player finds it necessary to be late or absent from a team activity, he/she must report this, prior to the activity, to the coach in charge who will rule on the validity of the excuse. If unable to reach the coach, contact the Athletic Director's Office.
6. Abstain from the use and/or possession of all tobacco products, alcoholic beverages, and illicit drugs. Any student who attends an underage party where violations of this policy are occurring will be considered in possession and will be held accountable to the Eligibility & Training Regulations for Interscholastic Athletics.
7. Take proper care of and return all school issued equipment. Failure to comply will result in the withholding of any awards and bar the student from any future participation until the matter is resolved.
8. Follow all specific team rules as set up by the individual coach and approved by the Director. Determination of violation and denial of privileges will be made by the coach after consultation with the Director of Athletics. The building administrators concerned will be informed of violations and the action taken. Any athlete charged with a violation will be notified in person.
9. All team members must ride the team bus to and from all athletic contests unless written request from a parent or guardian is presented to the coach prior to the trip. Athletes may only be released for travel with his/her parents.

The Director of Athletics or School Administration will administer the following penalties for violations as listed. Students involved shall be heard before final action is taken.

USE AND/OR POSSESSION OF TOBACCO:

1ST OFFENSE: The athlete will be suspended from interscholastic athletic competition for fourteen (14) calendar days effective immediately. Athletes will practice unless suspended from school.

2ND OFFENSE: The athlete will be suspended for fifty-six (56) calendar days effective immediately. This will carry over to the next season of participation if the season ends before completion.

USE AND/OR POSSESSION OF DRUGS/ALCOHOL:

Drug/Alcohol violations are a serious health problem and will be dealt with in an appropriate manner. ALL OFFENSES ARE CUMULATIVE OVER THE FIVE YEARS OF POSSIBLE ELIGIBILITY.

There will be two options of dealing with drug/alcohol offenses:

OPTION A - FIRST OFFENSE

The athlete will be suspended from interscholastic competition for twenty-one (21) calendar days. This suspension is to be effective immediately. During this time, the athlete may only participate in team practices provided that:

- A. The athlete has made an appointment for an interview by the Athletic Advisory Team and/or has an assessment by an approved outside agency. Appointment must be made within seven (7) calendar days from the beginning date of the suspension. Should the student fail to keep the appointment, he/she will be disciplined according to the provisions of Option B.
- B. The athlete must comply with any/all recommendations made by the Advisory Team or approved outside agency.
- C. Failure to comply with any of the above will result in the athlete being disciplined according to the provisions of Option B. Any days already compiled toward the original 21-day suspension will be credited toward the "B" option.

OPTION B - FIRST OFFENSE

The athlete will be suspended from eight (8) weeks of interscholastic competition effective immediately. This will carry over to the next season if the full eight (8) weeks (56 calendar days) cannot be met by the last day of the current season in which the student is participating.

OPTION A - SECOND OFFENSE

All provisions of Option A - First Offense - applies with the exception of days of suspension which would be fifty-six (56) calendar days.

OPTION B - SECOND OFFENSE

All provisions of Option B - First Offense - applies with the exception of days of suspension which would be one hundred and twelve (112) calendar days.

OPTION A - THIRD OFFENSE

All provisions of Option A - First Offense - applies with the exception of days of suspension which would be one hundred and twelve (112) calendar days.

OPTION B - THIRD OFFENSE

The athlete will be suspended from interscholastic competition for one full calendar year (365 days) effective immediately.

ANY SUBSEQUENT VIOLATIONS WILL FALL UNDER OPTION B OF THE THIRD OFFENSE.

ACADEMIC ELIGIBILITY FOR EXTRACURRICULAR ACTIVITIES AND INTERSCHOLASTIC ATHLETICS, GRADES 7-12

The Board of Education affirms its belief that a student's academic progress is the primary reason for his/her attendance in school. The policy states that no student may participate in extracurricular activities or interscholastic athletics unless the student is demonstrating satisfactory academic progress.

1. At the beginning of each activity or sports season, the advisor or coach shall formally counsel his/her students regarding the expected academic progress required for participation in extracurricular activities and interscholastic athletics.
2. On the dates so designated by the Middle School/High School principal, ALL faculty in grades 7-12 shall submit to the Middle School/High School principal the names of all students in their classes who are failing. Students will have their academic performance continually evaluated.
3. Teachers will submit the names of failing students after 5, 10, 15, 25, 35 weeks of school (with interim progress reports) and after 10, 20, 30 weeks of school (with report cards).
4. Students in grades 9-12 who are failing two (2) or more subjects will be placed on an Ineligible List. A student failing two (2) or more courses will be required to attend help classes after school.
5. The Guidance Counselors shall review the names of students failing with the Middle School/High School principal to determine if there are any extenuating circumstances that should be considered regarding the placement of a student on the Ineligible List.
6. Students who are placed on the Ineligible List may continue to attend and/or participate in extracurricular activities and Interscholastic Athletics (including practices) by meeting ALL of the following criteria:
 - a) Obtaining academic assistance three times a week either during Advisement or from a scheduled meeting with teachers and/or designated advisors. (Two of the three sessions should be courses that the student is failing). Ineligible students must present verification to their coach/advisor.
 - b) Completing regularly assigned coursework and exhibiting appropriate school behavior.
 - c) Completing a student "Participation Card". Once a participation card is completed, it must be taken to the Middle School/High School office and approved by the Principal/Assistant Principal.
 - d) Exhibiting effort to improve academics.
7. Students will be notified in Advisement when being placed on the Ineligible List.
8. Students on the Ineligible List **MUST** have a valid participation card for all activities they participate in, including weekly club meetings.
9. Students on the Ineligible List **MAY NOT** miss classes to attend club activities or outings.
10. Students **MAY ATTEND** class-related outings or Vo-Tech outings with a valid participation card.
11. Parents will be notified in writing when a student is placed on the Ineligible List.
12. Meet attendance requirements by:
 - a. Completing school year as a bonafide student in good standing
 - b. Dropouts other than injuries and illness will be disqualified.
 - c. Must be in good standing regarding attendance throughout the entire second semester of the previous year.

After reading the Eligibility & Training Regulations AND Academic Eligibility Policy, please sign the form attached and return to the coach.

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As proof of the fact that you have read and understand the Eligibility Regulations and Academic Eligibility Policy, and further agree to abide by them, please complete and sign this form along with your parents as indicated. **RETURN THE COMPLETED FORM TO YOUR COACH.**

If I am selected to represent my school on any interscholastic team, I agree to observe all rules of my school, league, Section VI and the New York State Public High School Athletic Assoc.

(Date)

(Student Signature)

PARENTS' AGREEMENT:

I hereby grant permission for my son/daughter _____
to participate in interscholastic (sport) _____

during the current school year. I have read the eligibility regulations and academic policy and shall do everything possible to assist my child in abiding by them.

(Date)

(Parent Signature)

**⇒ FAILURE TO SIGN THIS FORM IS AUTOMATIC INELIGIBILITY FOR
INTERSCHOLASTIC PARTICIPATION.**