



LAKE SHORE SCHOOL DISTRICT ELEMENTARY SCHOOL BREAKFAST MENU





September 2009

Breakfast Menu Available on The Reverse Side. Please Consider Making
Breakfast at School a Part of Your Day

**LAKESHORE
CENTRAL SCHOOL
DISTRICT
LUNCH MENU
K-5 \$.85**

Pre-Pay Full or Reduced
Lunches Available Weekly,
Monthly or Yearly please
make checks payable to
Lakeshore CSD

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/31 Superintendents Conference Day 	1 Superintendents Conference Day 	2 Superintendents Conference Day 	3 Superintendents Conference Day 	4 Fall Recess No school
7 LABOR DAY NO SCHOOL	8 Granola Bar Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk	9 Assorted Cereals Donuts Fruit Choice 100% Juice Cup Variety or Low Fat Milk	10 Yogurt Or Assorted Cereal ----- Cinnamon Toast Fruit Cup Variety of Low Fat Milk	11 PBJ Sandwich Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk
14 Toasted Bagel Or Assorted Cereal ----- Fruit Cup 100 % Juice Cup Variety of Low Fat Milk	15 Granola Bar Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk	16 Assorted Cereals Donuts Fruit Choice 100% Juice Cup Variety or Low Fat Milk	17 Yogurt Or Assorted Cereal ----- Cinnamon Toast Fruit Cup Variety of Low Fat Milk	18 PBJ Sandwich Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk
21 Toasted Bagel Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk	22 Granola Bar Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk	23 Assorted Cereals Donuts Fruit Choice 100% Juice Cup Variety or Low Fat Milk	24 Yogurt Or Assorted Cereal ----- Cinnamon Toast Fruit Cup Variety of Low Fat Milk	25 PBJ Sandwich Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk
28 Toasted Bagel Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk	29 PBJ Sandwich Or Assorted Cereal ----- Fruit Cup 100% Juice Cup Variety of Low Fat Milk	30 Yogurt Or Assorted Cereal ----- Cinnamon Toast Fruit Cup Variety of Low Fat Milk	<u>Build A Healthy Breakfast</u> Choose an Entrée Above the dotted line And two, or three Items Below the dotted line Low Fat Milk Choices available As a beverage	

Personal Touch Food Service would like to thank you for allowing us to provide Lakeshore Central School District with your food service needs.
You may reach us at 926-2290 or 926-2291