

## Look into Community Education

Last Updated Monday, 09 November 2009

LAKE SHORE COMMUNITY EDUCATION

ASSOCIATE SUPERINTENDENT/DIRECTOR - MR. FRANK NICOTRA

SECRETARY - MRS. SONYA CHIAPPETTA

959 Beach Road, Angola, NY 14006

Phone: 926-2270

Fax: 926-2272

The Community Education Department offers programs and classes for all ages and interests. Some examples of the type of programs we run are; computer, fitness, health, special interest, and sports, among others. We strive to offer something for all interests, ages and levels of skill. If you are interested in a program that you don't see here please give our office a call.

[Click Here to visit Our Document Center for Information on the Fall Brochure, Fitness Center and Holiday Valley Ski Club](#)

NEXT 5 Hour Pre-licensing Class is on

November 16, 2009

Classes Starting Soon:

Thursday, November 12: You Are In The Spotlight

Thursday, November 12: Long Term Care Insurance

Wednesday, November 18: Personal Stress Management

Must be pre-registered!

The Lake Shore Fitness Center & Track

will be closed on

Wednesday,

November 11, 2009

In observance of

Veterans Day

Lake Shore Fitness Center

Senior High -

959 Beach Road

Angola, NY 14006

#### HOURS OF OPERATION

Morning Hours - 6:00 AM - 7:30 AM

Monday - Friday 6:00 PM - 9:00 PM

Saturday - 8:00 AM - 2:00 PM

COST: \$45.00/PER YEAR - INCLUDES THE FITNESS CENTER AND TRACK

\$15.00/PER YEAR - TRACK MEMBERSHIP ONLY

MUST BE A TOWNS OF EVANS RESIDENT/LAKE SHORE CENTRAL SCHOOL DISTRICT

The equipment in the fitness center includes:

10 Treadmills

7 ellipticals

2 recumbent bikes

2 rowers

Selectorized strength machines

Dumbbells from 5 lbs. - 100 lbs